

WHIP INTENSIVE with Madame Jo - ZÜRICH - 30/05

single class or package booking

Level 1 — Whip Handling 101

Technique, Safety & Sensations

Duration: 3h

Time: 10:AM - 1:00 PM

This introductory workshop teaches the essential foundations of whip handling so you can practice with precision, control, and safety in an impact play context.

Participants will learn the basics of whip anatomy, physics, whip cracking, and targeting, along with the core principles of body mechanics, safety protocols, communication, and aftercare. The session includes solo exercises, precision drills, and optional partner practice.

Participants may move freely between observing and practicing.

Who it's for

- Beginners wanting to learn proper technique
- Impact play practitioners expanding their skills
- Players wishing to refine their precision and safety

No prior experience required. You may attend solo or with a partner.

Practical information

- 10 participants
- Snake whips and protective goggles provided (goggles mandatory)

- Comfortable, fitted clothing recommended
 - Personal whips welcome
 - No full new-dirty/s•+uality
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Level 2 — Tantric Whip

When Impact Becomes Connection

Duration: 3h

Time: 3 PM – 6 PM

Beyond being an impact tool, the whip can become an extension of the body, a carrier of intention, and a medium for connection.

This workshop explores the meeting point between whip practice and energetic awareness, drawing from conscious k!nk, t4ntric principles, and embodied dynamics.

Through guided exercises and partner exploration, participants will work with intention, presence, and energetic flow, discovering how impact can become a form of communication and connection.

We will explore the whip as an energetic extension of the body, practice setting intention before impact, and experiment with whip massage — from subtle touch to impact.

The workshop combines short theoretical inputs, energetic exercises, and practical exploration within a clear, safe, and conscious framework.

Who it's for

- Whip practitioners wanting to deepen presence and intention
- People interested in energy work, t4ntra, or conscious k!nk
- Partners wishing to deepen their connection

Previous experience (level 1) is welcome but not required.

Practical information

- Snake whips provided

- Protective goggles mandatory
- Comfortable, fitted clothing recommended
- No full new-dirty/s+uality

Price:

Solo Single Class (3h): 65CHR

Single Package Deal (2x3h classes): 120CHR

Duo Single Class : 120CHR

Duo Package Deal : 230CHR

(Soli-price available: contact me)

Reservation and infos : jo.htzlmann@gmail.com

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